

To OMX Nordic Exchange Copenhagen

Statement of transactions 17 March 2009 Reporting of the Group Executive Management's purchase of TrygVesta shares at a favourable price

Statement of transactions by members of senior management and their related parties in shares, issued by TrygVesta and related securities, cf. section 28a of the Danish Securities Trading Act.

The statement is based on reports received by TrygVesta from members of its senior management today or yesterday:

Name:	Stine Bosse
Senior management employee's position:	Group CEO
ISIN-code:	DK 0060013274
Type of security	Shares in TrygVesta A/S at a discount and related to bonus 2008
(e.g. share, option): Nature of transaction	Purchase
(purchase, sale, other):	i di citase
Date:	16 March 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities traded:	3,010
Price paid per share (DKK)	25.00
Purchase price (DKK):	75,250
Total number of TrygVesta shares of today:	6,247



Name:	Morten Hübbe
Senior management employee's position:	Group Executive Vice President, CFO
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Shares in TrygVesta A/S at a discount and related to bonus 2008
Nature of transaction (purchase, sale, other):	Purchase
Date:	16 March 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities traded:	1,625
Price paid per share (DKK)	25.00
Purchase price (DKK):	40,625
Total number of TrygVesta shares of today:	4,784

Name:	Peter Falkenham
Senior management employee's position:	Group Executive Vice President, COO
ISIN-code:	DK 0060013274
Type of security	Shares in TrygVesta A/S at a discount and related to
(e.g. share, option):	bonus 2008
Nature of transaction (purchase, sale, other):	Purchase
Date:	16 March 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities traded:	866
Price paid per share (DKK)	25.00
Purchase price (DKK):	21,650
Total number of TrygVesta shares of today:	1,289



Name:	Lars Bonde
Senior management employee's position:	Group Executive Vice President, Customer Service & Sales - Direct
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Shares in TrygVesta A/S at a discount and related to bonus 2008
Nature of transaction (purchase, sale, other):	Purchase
Date:	16 March 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities traded:	664
Price paid per share (DKK)	25.00
Purchase price (DKK):	16,600
Total number of TrygVesta shares of today:	1,976

Name:	Kjerstin Fyllingen
Senior management employee's	Group Executive Vice President, Customer Service &
position:	Sales - Partners
ISIN-code:	DK 0060013274
Type of security	Shares in TrygVesta A/S at a discount and related to
(e.g. share, option):	bonus 2008
Nature of transaction	Purchase
(purchase, sale, other):	
Date:	16 March 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities traded:	564
Price paid per share (DKK)	25.00
Purchase price (DKK):	14,100
Total number of TrygVesta shares of today:	2,462



Name:	Birgitte Kartman
Senior management employee's position:	Group Executive Vice President, Claims
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Shares in TrygVesta A/S at a discount and related to bonus 2008
Nature of transaction (purchase, sale, other):	Purchase
Date:	16 March 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities traded:	274
Price paid per share (DKK)	25.00
Purchase price (DKK):	6,850
Total number of TrygVesta shares of today:	891

Name:	Martin Bøge Mikkelsen
Senior management employee's position:	Group Executive Vice President, Strategy & Human Competency
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Shares in TrygVesta A/S at a discount and related to bonus 2008
Nature of transaction (purchase, sale, other):	Purchase
Date:	16 March 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities traded:	534
Price paid per share (DKK)	25.00
Purchase price (DKK):	13,350
Total number of TrygVesta shares of today:	1,894



For further information:

For further information, please visit www.trygvesta.com or contact Investor Relations:

Investor Relations Director
Ole Søeberg. Phone +45 4420 4520 or e-mail ole.soeberg@tryg.dk

Investor Relations Manager Lars Møller. Phone +45 4420 4517 or e-mail lars.moeller@tryg.dk