

To Nasdaq OMX Copenhagen

Announcement no. 7 - 2010

25 March 2010

TryghedsGruppen's candidates for TrygVesta's Supervisory Board

In continuation of TrygVesta's notice of the annual general meeting (announcement no. 6-2010) TryghedsGruppen smba have announced that they nominate the following four candidates for the four seats in TrygVesta's Supervisory Board reserved for members of the Supervisory Board of TryghedsGruppen smba:

Mikael Olufsen

Jørn Wendel Andersen

John R. Frederiksen

Jesper Hjulmand

At the same time, Per Skov will withdraw from TrygVesta's Supervisory Board. CVs, proxy and shareholder portal will be updated shortly on trygvesta.com.

Additional information:

Visit trygvesta.com or contact our Investor Relations department;

Investor Relations Director Ole Søeberg on +45 4420 4520 or ole.soeberg@tryg.dk

Investor Relations Manager Lars Møller on +45 4420 4517 or lars.moeller@tryg.dk

TrygVesta is the leading Nordic provider of "peace of mind" solutions with property & casualty insurance operations in Denmark, Norway, Sweden and Finland. TrygVesta is listed on Nasdaq OMX Copenhagen and 60% of the shares are held by TryghedsGruppen smba.