

To Nasdaq OMX Copenhagen

Release no. 48 - 2010 10 November 2010

Revised financial calendar for 2010 and 2011

Tryg will publish financial results after 17:00 CET and hold the annual general meeting on the following dates:

| 2010 | |
|------------------------|------------------|
| Third quarter report | 15 November 2010 |
| 2011 | |
| Annual report 2010 | 9 February 2011 |
| Annual general meeting | 14 April 2011 |
| First quarter report | 11 May 2011 |
| Half-year report | 17 August 2011 |
| Third quarter report | 9 November 2011 |

Additional information:

For further information visit <u>www.tryg.com</u> or contact Investor Relations;

Investor Relations Director, Ole Søeberg on +45 40 30 00 04 or ole.soeberg@tryg.dk

Investor Relations Manager, Lars Møller on +45 22 66 66 05 or lars.moeller@tryg.dk

Tryg is the leading Nordic provider of "peace of mind" solutions with property & casualty insurance operations in Denmark, Norway, Finland and Sweden. Tryg is listed on Nasdaq OMX Copenhagen and 60% of the shares are held by TryghedsGruppen smba.