

1 November 2011

Tryg A/S publishes third quarter 2011 results and hosts a conference call on 9 November 2011.

Tryg will publish the Group's third quarter 2011 results on 9 November 2011 after 17:00 CET.

Conference call

Tryg hosts a conference call on the same day of the release at 19:00 CET. CEO Morten Hübbe and CFO Tor Magne Lønnum will present Tryg's third quarter 2011 results in brief followed by a Q&A session.

The conference call will be held in English.

Date	9 November 2011
Time	19:00 CET
Telephone numbers	+44 207 509 5139 or
	+45 32 71 47 67

You can sign up for an email reminder on tryg.com. The conference call will also be broadcasted on this site. An on-demand webcast will be available shortly after the conference call has ended.

All Q3 materials can be downloaded on tryg.com/Menu/Investor/Downloads shortly after the time of release including a webcast with CEO Morten Hübbe and CFO Tor Magne Lønnum presenting Tryg's Q3 2011 results.

Additional information:

For further information visit www.tryg.com or contact Investor Relations;

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