

TRAINERS' HOUSE PLC - DECISIONS OF THE ANNUAL GENERAL MEETING

The Annual General Meeting of Trainers' House Plc was held on 21 March 2012 in Espoo.

The Meeting approved the financial statements and the consolidated financial statements and discharged the Board of Directors and the CEO from liability for the fiscal year 1.1.-31.12.2011.

The Annual General Meeting decided in accordance with the proposal of the Board of Directors that no dividend shall be paid and that the Company's share premium fund shall be decreased by EUR 8,865,877.29 to cover the Company's losses.

The Annual General Meeting decided that the number of members of the company's Board of Directors is five. Mr. Aarne Aktan, Mr. Jarmo Hyökyvaara, Ms. Tarja Jussila, Mr. Jari Sarasvuo and Mr. Kai Seikku were re-elected to the Board of Directors. The Annual General Meeting decided that the remuneration to the Chairman shall be EUR 3,500 per month and to the other members of the Board EUR 1,500 per month.

Authorized Public Accountant firm Ernst & Young Oy was re-elected as the auditor.

The Annual General Meeting decided in accordance with the proposal of the Board of Directors to grant option rights to the key persons of the Company and its subsidiaries. The maximum amount of the option rights is 5,000,000 and they entitle to subscribe for a maximum of 5,000,000 of new shares in the Company or existing shares held by the Company.

The Annual General Meeting decided in accordance with the proposal of the Board of Directors that the Board of Directors shall be authorised to decide on issuance of shares, transfer of the Company's own shares and issuance of special rights entitling to shares in one or more tranches. The aggregate number of shares issued or transferred on the basis of the authorisation may not exceed 13,000,000 shares. The issuance of shares, the transfer of the Company's own shares and the issuance of special rights entitling to shares may be carried as a directed issue out in deviation from the shareholders' pre-emptive rights. The authorization is effective until 30 June 2015.

At its meeting convened after the Annual General Meeting the Board of Directors elected Mr. Aarne Aktan as the Chairman of the Board.

TRAINERS' HOUSE PLC
Vesa Honkanen
Chief Executive Officer

FURTHER INFORMATION
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