

To OMX Nordic Exchange Copenhagen

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TrygVesta - Financial calendar 2009

TrygVesta will publish financial reports and hold the annual general meeting on the following dates:

Fourth quarter report and annual report 2008	3 March 2009
Annual general meeting	22 April 2009
First quarter report	12 May 2009
Half-year report	18 August 2009
Interim report for the first nine months	10 November 2009

The financial reports are expected to be released at approximately 07:30 CET on the relevant days.

Additional information:

For further information visit www.trygvesta.com or contact our Investor Relations department;

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TrygVesta is the leading Nordic provider of "peace of mind" solutions with property & casualty insurance operations in Denmark, Norway, Finland and Sweden. TrygVesta is listed on OMX Copenhagen Stock Exchange and 60% of the shares are held by TryghedsGruppen smba.

TrygVesta

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