

To OMX Nordic Exchange Copenhagen

Statement of transactions 22 April 2009
Reporting of the Group Executive Management's stock-based incentive programme

Statement of transactions by members of senior management and their related parties in shares, issued by TrygVesta and related securities, cf. section 28a of the Danish Securities Trading Act.

Options granted in 2009 entitle the holder to acquire shares at DKK 344.86, which equals the average price plus 10% of TrygVesta shares ("all trades") as quoted on OMX Nordic Exchange Copenhagen on 3 March 2009. The options were granted on 3 March 2009.

Each option entitles the holder to acquire one share at the exercise price. Options cannot be exercised earlier than three years after the date of grant and not later than five years after the date of grant.

Name:	Stine Bosse
Senior management employee's position:	Group CEO
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Options
Nature of transaction (purchase, sale, other):	Granting
Granting date:	3 March 2009
Information about granting	22 April 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities granted:	18,066
Market value (DKK) of securities granted:	1,699,985

Name:	Morten Hübbe
Senior management employee's position:	Group Executive Vice President, CFO
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Options
Nature of transaction (purchase, sale, other):	Granting
Granting date:	3 March 2009
Information about granting	22 April 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities granted:	11,690
Market value (DKK) of securities granted:	1,100,012

Name:	Peter Falkenham
Senior management employee's position:	Group Executive Vice President, COO
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Options
Nature of transaction (purchase, sale, other):	Granting
Granting date:	3 March 2009
Information about granting	22 April 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities granted:	8,502
Market value (DKK) of securities granted:	800,026

Name:	Lars Bonde
Senior management employee's position:	Group Executive Vice President, Customer Service & Sales - Direct
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Options
Nature of transaction (purchase, sale, other):	Granting
Granting date:	3 March 2009
Information about granting	22 April 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities granted:	6,376
Market value (DKK) of securities granted:	599,973

Name:	Kjerstin Fyllingen
Senior management employee's position:	Group Executive Vice President, Customer Service & Sales - Partners
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Options
Nature of transaction (purchase, sale, other):	Granting
Granting date:	3 March 2009
Information about granting	22 April 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities granted:	6,376
Market value (DKK) of securities granted:	599,973

Name:	Birgitte Kartman
Senior management employee's position:	Group Executive Vice President, Claims
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Options
Nature of transaction (purchase, sale, other):	Granting
Granting date:	3 March 2009
Information about granting	22 April 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities granted:	6,376
Market value (DKK) of securities granted:	599,973

Name:	Martin Bøge Mikkelsen
Senior management employee's position:	Group Executive Vice President, Strategy & Human Competency
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Options
Nature of transaction (purchase, sale, other):	Granting
Granting date:	3 March 2009
Information about granting	22 April 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities granted:	6,376
Market value (DKK) of securities granted:	599,973

Name:	Truls Hom Olsen
Senior management employee's position:	Group Executive Vice President, Corporate
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Options
Nature of transaction (purchase, sale, other):	Granting
Granting date:	3 March 2009
Information about granting	22 April 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities granted:	6,376
Market value (DKK) of securities granted:	599,973

Name:	Jens Stener
Senior management employee's position:	Group Executive Vice President, Corporate Branding & Business Centres
ISIN-code:	DK 0060013274
Type of security (e.g. share, option):	Options
Nature of transaction (purchase, sale, other):	Granting
Granting date:	3 March 2009
Information about granting	22 April 2009
Market in which the transaction was executed:	OMX Nordic Exchange Copenhagen
Number of securities granted:	6,376
Market value (DKK) of securities granted:	599,973

For further information:

For further information, please visit www.trygvesta.com or contact Investor Relations:

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