



To Nasdaq OMX Copenhagen

**Statement of transactions**  
**Reporting of trading in Tryg shares by insiders**

10 February 2014

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. section 28a of the Danish Securities Trading Act.

The statement is based on reports received by Tryg from members of its senior management:

Name	Trond Bøe Svestad
Senior management employee's position:	Group Executive Vice President
Relationship with senior management employee (related party):	
ISIN code:	DK 0060013274
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Purchase
Trading date:	7 February 2014
Market in which the transaction was executed:	Nasdaq OMX Copenhagen
Number of securities traded:	587
Market value (DKK) of securities traded:	304,566

Name	Truls Holm Olsen
Senior management employee's position:	Group Executive Vice President
Relationship with senior management employee (related party):	
ISIN code:	DK 0060013274
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Purchase
Trading date:	7 February 2014
Market in which the transaction was executed:	Nasdaq OMX Copenhagen
Number of securities traded:	598
Market value (DKK) of securities traded:	311,613

Name	Truls Holm Olsen
Senior management employee's position:	Group Executive Vice President
Relationship with senior management employee (related party):	
ISIN code:	DK 0060013274
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Sale
Trading date:	6 February 2014
Market in which the transaction was executed:	Nasdaq OMX Copenhagen
Number of securities traded:	6,376
Market value (DKK) of securities traded:	3,279,131

Truls Holm Olsen has exercised his options granted in 2009, as this is the last opportunity to take advantage of these option rights. More details about options in note 7 on page 89 in the annual report 2013.

Name	Jesper Joensen
Senior management employee's position:	Group Executive Vice President
Relationship with senior management employee (related party):	
ISIN code:	DK 0060013274
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Purchase
Trading date:	7 February 2014
Market in which the transaction was executed:	Nasdaq OMX Copenhagen
Number of securities traded:	587
Market value (DKK) of securities traded:	304,517

Name	Per Fornander
Senior management employee's position:	Group Executive Vice President
Relationship with senior management employee (related party):	
ISIN code:	DK 0060013274
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Purchase
Trading date:	6 February 2014
Market in which the transaction was executed:	Nasdaq OMX Copenhagen
Number of securities traded:	582
Market value (DKK) of securities traded:	303,276

**Further information**

For further information visit [tryg.com](http://tryg.com) or contact Investor Relations:

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