



To Nasdaq OMX Copenhagen

Statement of transactions
Reporting of trading in Tryg shares by insiders

23 April 2014

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. section 28a of the Danish Securities Trading Act.

The statement is based on reports received by Tryg from members of its senior management:

Name	Ida Sofie Jensen
Senior management employee's position:	Member of Supervisory Board
Relationship with senior management employee (related party):	
ISIN code:	DK 0060013274
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Purchase
Trading date:	22 April 2014
Market in which the transaction was executed:	Nasdaq OMX Copenhagen
Number of securities traded:	79
Market value (DKK) of securities traded:	39,737

Name	Poul Erik Daugaard Jensen, related to Ida Sofie Jensen
Senior management employee's position:	Member of Supervisory Board
Relationship with senior management employee (related party):	My spouse or cohabitant pursuant to s. 28a, subs. 4, no. 4 of the Danish Securities Trading Act.
ISIN code:	DK 0060013274
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Purchase
Trading date:	22 April 2014
Market in which the transaction was executed:	Nasdaq OMX Copenhagen
Number of securities traded:	79
Market value (DKK) of securities traded:	39,737

Further information

For further information visit tryg.com or contact Investor Relations:

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