



To NASDAQ Copenhagen

Statement of transactions

6 February 2015

Reporting of trading in Tryg shares by insiders

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. section 28a of the Danish Securities Trading Act.

The statement is based on reports received by Tryg from members of its senior management:

Name	Truls Holm Olsen
Senior management employee's position:	Group Executive Vice President
Relationship with senior management employee (related party):	
ISIN code:	DK 0060013274
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Purchase
Trading date:	6 February 2015
Market in which the transaction was executed:	NASDAQ Copenhagen
Number of securities traded:	395
Market value (DKK) of securities traded:	362,314

Truls Holm Olsen has purchased share as part of the matching shares programme, see Tryg's Remuneration policy.

Name	Truls Holm Olsen
Senior management employee's position:	Group Executive Vice President
Relationship with senior management employee (related party):	
ISIN code:	DK 0060013274
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Sale
Trading date:	4 February 2015
Market in which the transaction was executed:	NASDAQ Copenhagen
Number of securities traded:	8,008
Market value (DKK) of securities traded:	6,282,276

Truls Holm Olsen has exercised his share options and sold his Tryg shares, as it is the last opportunity to exercise the options granted in 2010. More details about options in note 6 on page 66 in the annual report 2014.

Further information

Visit tryg.com or contact Investor Relations:

Investor Relations Director, Lars Møller. Telephone +45 22 66 66 05 or e-mail lars.moeller@tryg.dk

Investor Relations Manager, Peter Brondt. Telephone +45 22 75 89 04 or e-mail peter.brondt@tryg.dk