



To NASDAQ Copenhagen

**Statement of transactions**

1 February 2016

**Reporting of trading in Tryg shares by insiders**

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. section 28a of the Danish Securities Trading Act.

The statement is based on reports received by Tryg from members of its senior management:

Name	Lars Bonde
Senior management employee's position:	Group COO
Relationship with senior management employee (related party):	
ISIN code:	DK 0060013274
Type of security (e.g. share, option):	Share
Nature of transaction (purchase, sale, other):	Sale
Trading date:	29 January 2016
Market in which the transaction was executed:	NASDAQ Copenhagen
Number of securities traded:	6,500
Market value (DKK) of securities traded:	843,036

Lars Bonde has sold shares related to the matching shares programme from 2011, see Tryg's Remuneration policy.

**Further information**

Visit [tryg.com](http://tryg.com) or contact Investor Relations:

Investor Relations Officer Gianandrea Roberti. Telephone +45 20 18 82 67 or e-mail [gianandrea.roberti@tryg.dk](mailto:gianandrea.roberti@tryg.dk)

Investor Relations Manager, Peter Brondt. Telephone +45 22 75 89 04 or e-mail [peter.brondt@tryg.dk](mailto:peter.brondt@tryg.dk)